

Julian von Loesch

Formal Education:

1994: BA in Economics with Honors, Harvard College.

2009: Ph.D. in Mythological Studies with an Emphasis in Depth Psychology, Pacifica Graduate Institute.

Spiritual Education:

1982: Fire Walk (walking on hot coals).

1984: Autogenic Training (based on Johannes Heinrich Schultz's work).

1994, 1996, 1997: three Avatar Courses (Harry Palmer, as taught by various instructors).

1995 - 1996: Mysore Style Ashtanga Yoga (as taught by David Life, Shannon Gannon).

1996 - 1997: Gestalt Therapy.

1996 - 1997: Primal Therapy.

1997: Hypnotherapy Certification (George Bien).

1997: Scientology, various courses.

1997 - 1998: Three 10 Day Vipassana meditation retreats (S.N. Goenka style).

1997 - 1999: Holographic Repatterning, level 1, 2, 3 practitioner training (Linnea Weatherly).

1997 - 1999: Ipsalu Tantra, including teacher training (Bodhi Avinasha, Sunyata Saraswati).

1998: Illume-A-Nation.

1998 - 1999: Voice Dialogue (Sidra Stone, Eric Morris).

1998 - 2000: Bert Hellinger Family Systems Work (Bert Hellinger, various practitioners).

1998 - 2000: The New Warrior (ManKind Project, men's work).

1998 - 2000: Kundalini Yoga Meditation (Bruce Joel Rubin, lineage Swami Rudrananda, Nityananda).

1998 - 2000: Core Energetics (Suzanne Lopez).

1998 - 2008: Fumbling Towards Ecstasy (offshoot of Gabrielle Roth's Sweat Your Prayers as taught by Jo Cobbett and Michael Molin-Skelton).

1998 - 2009: Authentic Feeling (cell memory) (Marcus Daniels).

1999: Week-long Auschwitz retreat with Zen Peacemakers (Roshi Bernie Glassman).

1999: A Year To Live (Steven Levine, year long course presented by the Zen Center in Los Angeles).

1999 - 2001: Landmark Forum, including ILP (instructor training).

2002 - 2004: Dance Alive (Mariane Karou).

2003 - 2007: Therapy, eclectic (Dr. Tracey Alysson).

2005 - 2009: Contact Improv (various).

2007 - 2008: Core Shamanism (Michael Harner, followed by bi-monthly shamanism circle with Netanya Selman in Los Angeles).

2008 - 2011: The Sedona Method; Level II Coach certification (Hale Dwoskin).

2009 - 2010: Charisma Arts: Instructor (dating education).

2009 - 2010 Aston Technique I,II, Aston Bodyworks I,II, Aston Fitness (Judith Aston).

2010: David Deida (three day workshop with David Deida).

2010 - 2011: BradP Presents: Instructor (dating education).

2010 : Sangwa'i Nyingpo Empowerment by Khenpo Sonam (rare Tibetan Buddhist empowerment).

2010 - 2011: Advaita (Wayne Liquorman, lineage Ramesh Balsekar, Nisargadatta Maharaj).

2010 – 2011 Mata Amritanandamayi (lived in her ashram in Amritapuri in the spring of 2011).

2011: Shih Shui (James McNeill, lineage Chiao Chang-Hung).

In addition, briefly explored a range of systems, including Anthony Robbins, The Secret, Soka Gakkai, and several Tibetan Buddhist practices.

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Amritapuri EW room 41

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1994: BA with Honors, Harvard College.

2009: Ph.D. in Mythological Studies with an Emphasis in Depth Psychology, Pacifica Graduate Institute.

Professional Training and Self-Development:

I have found that my own self-development (recognition) has been at least as, if not more, instrumental in turning me into a proficient practitioner as has any formal training I have done and that is why I include the work I've done on myself in this section.

Further, as I've done so many trainings I find it inaccurate to call myself an "x" practitioner, or a "y" practitioner. Rather, I do my best to intuit what modality/ies may be most helpful for the client.

1970: Birth

1982: Fire Walk (walking on hot coals).

1984: Autogenic Training (based on Johannes Heinrich Schultz's work).

1994, 1996, 1997: three Avatar Courses (Harry Palmer, as taught by various instructors).

1995 - 1996: Mysore Style Ashtanga Yoga (as taught by David Life, Shannon Gannon).

1996 - 1997: Gestalt Therapy.

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1997 - 2000: Ipsalu Tantra, including teacher training (Bodhi Avinasha).

1998: Illume-A-Nation.

1998 - 2000: Bert Hellinger Family Systems Work (various practitioners).

1998 - 2000: The New Warrior (ManKind Project, men's work).

1998 - 2000: Swami Rudrananda (as taught by Bruce Joel Rubin).

1998 - 2000: Core Energetics.

1998 - 2008: Fumbling Towards Ecstasy (offshoot of Gabrielle Roth's Sweat Your Prayers as taught by Jo Cobbett and Michael Molin-Skelton).

1998 - 1999 Deep Tissue training (Marcus Daniels)

1998 - 2009: Authentic Feeling (cell memory) (Marcus Daniels).

1999: Weeklong Auschwitz retreat with Zen Peacemakers (Roshi Bernie Glassman).

1999 - 2000: A Year To Live (Steven Levine, year long course presented by the Zen Center in Los Angeles).

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2005 - 2009: Contact Improv (various).

2007 - 2008: Core Shamanism (Michael Harner, followed by bi-monthly shamanism circle with Netanya Selman in Los Angeles).

2008 - Present: The Sedona Method; Level II Coach certification (Hale Dwoskin).

2009-2010: Charisma Arts: Instructor (dating education).

2010 - 2011: BradP Presents: Instructor (dating education).

2009-2010 Aston Technique I,II, Aston Bodyworks I,II, Aston Fitness (Judith Aston).

2010 : Sangwa'i Nyingpo Empowerment by Khenpo Sonam (rare Tibetan Buddhist empowerment).

2010 - Present: Student of Wayne Liquorman's (Advaita teaching).

Thanksgiving 2010: Met Amma at her San Ramon, CA ashram and became her disciple.

In addition, I have briefly explored a range of systems, including several Tibetan Buddhist practices, Soka Gakkai, Byron Katie, Anthony Robbins, and The Secret.